

April

2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1 Closed for Holiday	2 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 5:30p CORE 6:00p Kickboxing	3 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 5:30p CORE 6:00p Kickboxing	4 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 5:30p CORE 6:00p Kickboxing	5 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:30p Kickboxing	6	7
8 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 5:30p CORE 6:00p Kickboxing	9 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 5:30p CORE 6:00p Kickboxing	10 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 5:30p CORE 6:00p Kickboxing	11 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 5:30p CORE 6:00p Kickboxing	12 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:30p Kickboxing	13	14
15 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 5:30p CORE 6:00p Kickboxing	16 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 5:30p CORE 6:00p Kickboxing	17 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 5:30p CORE 6:00p Kickboxing	18 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 5:30p CORE 6:00p Kickboxing	19 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:30p Kickboxing	20 Yoga for Moms private event	21 Self Defense Class 2p-4p
22 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 5:30p CORE 6:00p Kickboxing	23 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 5:30p CORE 6:00p Kickboxing	24 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 5:30p CORE 6:00p Kickboxing	25 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 5:30p CORE 6:00p Kickboxing	26 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:30p Kickboxing	27	28
29 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 5:30p CORE 6:00p Kickboxing	30 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 5:30p CORE 6:00p Kickboxing	1 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 5:30p CORE 6:00p Kickboxing	2 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 5:30p CORE 6:00p Kickboxing	3 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:30p Kickboxing	4	5