

# September 2022

## Kickboxing Classes

Announcements / Events

Closed for Holiday Friday 09/02 & Monday 09/05.

\*Reservations required for the 6:00am class\*

| MON  | TUE  | WED  | THU  | FRI                                    | SAT | SUN |
|--|--|--|--|--|-----|-----|
|  |  |  | 1  | 2                                      | 3   | 4   |
|  |  |  | 6:00am*<br>8:30am<br>12:15pm<br>5:00pm<br>6:00pm | Closed<br>For<br>Holiday               |     |     |
| 5  | 6  | 7  | 8  | 9                                      | 10  | 11  |
| Closed<br>For<br>Holiday                         | 6:00am*<br>8:30am<br>12:15pm<br>5:00pm<br>6:00pm | 6:00am*<br>8:30am<br>12:15pm<br>5:00pm<br>6:00pm | 6:00am*<br>8:30am<br>12:15pm<br>5:00pm<br>6:00pm | 6:00am*<br>8:30am<br>12:15pm<br>5:30pm |     |     |
| 12   | 13   | 14   | 15   | 16                                     | 17  | 18  |
| 6:00am*<br>8:30am<br>12:15pm<br>5:00pm<br>6:00pm | 6:00am*<br>8:30am<br>12:15pm<br>5:00pm<br>6:00pm | 6:00am*<br>8:30am<br>12:15pm<br>5:00pm<br>6:00pm | 6:00am*<br>8:30am<br>12:15pm<br>5:00pm<br>6:00pm | 6:00am*<br>8:30am<br>12:15pm<br>5:30pm |     |     |
| 19   | 20   | 21   | 22   | 23                                     | 24  | 25  |
| 6:00am*<br>8:30am<br>12:15pm<br>5:00pm<br>6:00pm | 6:00am*<br>8:30am<br>12:15pm<br>5:00pm<br>6:00pm | 6:00am*<br>8:30am<br>12:15pm<br>5:00pm<br>6:00pm | 6:00am*<br>8:30am<br>12:15pm<br>5:00pm<br>6:00pm | 6:00am*<br>8:30am<br>12:15pm<br>5:30pm |     |     |
| 26   | 27   | 28   | 29   | 30                                     |     |     |
| 6:00am*<br>8:30am<br>12:15pm<br>5:00pm<br>6:00pm | 6:00am*<br>8:30am<br>12:15pm<br>5:00pm<br>6:00pm | 6:00am*<br>8:30am<br>12:15pm<br>5:00pm<br>6:00pm | 6:00am*<br>8:30am<br>12:15pm<br>5:00pm<br>6:00pm | 6:00am*<br>8:30am<br>12:15pm<br>5:30pm |     |     |