

January2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1 <div>Closed for Holiday</div> <div>Happy New Year</div>	2 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 5:30p CORE 6:00p Kickboxing	3 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 5:30p CORE 6:00p Kickboxing	4 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 5:30p CORE 6:00p Kickboxing	5 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:30p Kickboxing 5:30p CORE	6 <div>Grand Opening Celebration</div> <div>9a-12p</div>	7
8 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 5:30p CORE 6:00p Kickboxing	9 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 5:30p CORE 6:00p Kickboxing	10 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 5:30p CORE 6:00p Kickboxing	11 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 5:30p CORE 6:00p Kickboxing	12 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:30p Kickboxing 5:30p CORE	13 <div>Yoga and Stretch Event</div> <div>4p-5:30p</div> <div>(RSVP Required)</div>	14
15 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 5:30p CORE 6:00p Kickboxing	16 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 5:30p CORE 6:00p Kickboxing	17 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 5:30p CORE 6:00p Kickboxing	18 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 5:30p CORE 6:00p Kickboxing	19 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:30p Kickboxing 5:30p CORE	20	21
22 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 5:30p CORE 6:00p Kickboxing	23 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 5:30p CORE 6:00p Kickboxing	24 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 5:30p CORE 6:00p Kickboxing	25 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 5:30p CORE 6:00p Kickboxing	26 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:30p Kickboxing 5:30p CORE	27	28
29 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 5:30p CORE 6:00p Kickboxing	30 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 5:30p CORE 6:00p Kickboxing	31 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 5:30p CORE 6:00p Kickboxing	1	2	3	4