

March

2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
26 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 5:30p CORE 6:00p Kickboxing	27 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 5:30p CORE 6:00p Kickboxing	28 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 5:30p CORE 6:00p Kickboxing	29 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 5:30p CORE 6:00p Kickboxing	1 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:30p Kickboxing	2	3
4 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 5:30p CORE 6:00p Kickboxing	5 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 5:30p CORE 6:00p Kickboxing	6 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 5:30p CORE 6:00p Kickboxing	7 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 5:30p CORE 6:00p Kickboxing	8 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:30p Kickboxing	9	10
11 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 5:30p CORE 6:00p Kickboxing	12 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 5:30p CORE 6:00p Kickboxing	13 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 5:30p CORE 6:00p Kickboxing	14 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 5:30p CORE 6:00p Kickboxing	15 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:30p Kickboxing	16 Relax & Restore Yoga and Stretch 4:00p	17 Happy St. Patrick's Day Happy [NO] Founder's Day
18 No 5:30a class No 6:00a class 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 5:30p CORE 6:00p Kickboxing	19 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 5:30p CORE 6:00p Kickboxing	20 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 5:30p CORE 6:00p Kickboxing	21 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 5:30p CORE 6:00p Kickboxing	22 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:30p Kickboxing	23	24
25 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 5:30p CORE 6:00p Kickboxing	26 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 5:30p CORE 6:00p Kickboxing	27 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 5:30p CORE 6:00p Kickboxing	28 5:30a CORE 6:00a Kickboxing 8:30a Kickboxing 11:30a CORE 12:15p Kickboxing 5:00p Kickboxing 5:30p CORE 6:00p Kickboxing	29 Closed for Holiday	30	31 Happy Easter!